The 5th-8th graders campaigned, for this year’s Student Council. The positions are treasurer (5th grade), secretary (6th grade), vice president (7th grade), and president (8th grade.) This year, Sevan Krikorian and Tigran ran for treasurer, Joseph Atme and Tatiana ran for Secretary, Harout Nazarian and Sebastian Postajian ran for vice president, and Tamar Donoyan and Serli Shanlian ran for president. After two days of campaigning the candidates prepared their speeches. After their convincing speeches, the 5th-8th graders went back to their class to vote. The 2013-2014 Student Council members are: Sevan Krikorian, Harout Nazarian, Joseph Atme, and Tamar Donoyan. Good job to everyone!

Mrs. Holly Pourhassanian
I like being in Kindergarten because...

“We play in our big playground.” – Christy Basmadjyan
“I like my teacher.” – Tina Garabedian
“I love doing homework in my pencil book.” – Luca Youssefian
“I like to play in our playground.” – Sebastian Pepo
“We do lots of easy homework and we eat yummy food.” – Harut Tatlyan

“I like to do work and play.” – Nicole Titizian
“I like all my teachers, I like to play, and I like to learn new things.” – Darron Sarkissian

“I love playing.” – Dolliah Bedjakian
“I like to play and I like to learn.” – Ara Rastguelenian

Bible Verse of the Week

“Devote yourselves to prayer, being watchful and thankful.”
Colossians 4:2
1st Grade Thanks All of Our Community Helpers!

Anush & Victoria thank MAIL CARRIERS
The mail carrier gives us mail. The mail carrier takes our mail. The mail carrier carries the mail in a bag. A mail carrier works at a post office.

David and Garo thank CONSTRUCTION WORKERS
Construction workers work hard. They make our houses. They drive a truck. They use a hammer.

Alex K. & Michael thank VETERINARIANS
Vets help animals. They can do surgery on animals. Vets keep pets healthy. They may cut animal hair.

Patil & Tiana thank HAIRDRESSERS
Hairdressers curl our hair. Hairdressers can wash our hair. They blow-dry our hair. They also cut hair with scissors.

Sophia & Emily A. thank TEACHERS
Teachers help us learn things. Teachers keep us safe. Teachers work at school. Teachers grade our papers.

Isabelle & Alex M. thank CHEFS
Chefs like to cook. Chefs wear white hats. They work in a restaurant. Chefs follow a menu.

Lily & Karina thank FIRE FIGHTERS
Fire fighters keep fire away. Fire fighters work really hard to keep people safe. Fire fighters drive a fire truck. Fire fighters put out fires with a hose.

Marcus & Narod thank POLICE OFFICERS
Police officers stop cars when people drive fast. They help us stay safe. When we are lost, they help us find our moms and dads. Police officers help us when there is an accident.

Brianna and Emma thank DOCTORS

Sako & Andre thank DENTISTS
Dentists keep our teeth healthy. They clean our teeth. Dentists keep our teeth from cavities. They can give us braces.

Emily A. & Silva thank GARDENERS
Gardeners plant seeds. Gardeners cut our trees and grass. They help keep plants healthy. Gardeners also water the plants.

Alex B. & Johnny thank LIBRARIANS
Librarians help us find books. Librarians work at a library. Librarians put books back on the shelves. Some librarians may read books for children.
2nd Grade

Poem by Arsen Rastguelenian

Falling Colors:
Leaves as red as ripe apples are falling down.
Leaves as orange as shiny and bright pumpkins are whirling down.
Leaves as yellow as a pear are swirling down.
Then all the colors turn crunchy brown.

Poem by Brandon Indjian

Falling Leaves:
Some leaves turn yellow as the sun.
Some leaves turn orange and red and begin to shed.
I like the leaves when they fall.

My Community by Mahrie Bedjakian:
I live in Pasadena. It’s a beautiful place. It has lots of people, parks, houses, trees, stores, and cars. It’s fun because I can go to my dad’s restaurant. I love to eat there! I love the stores too. I like to shop at the Gap. It is very big. There’s so much you can do in my community!

My Community by Roubeena Akmakjian:
I live in the community of Pasadena. Pasadena is a very special place to live. Every year the Rose Parade takes place in Pasadena. Kids Space Museum is in Pasadena too. There are many fire stations in Pasadena which makes me feel safe! My school is close to my community too. I’m glad to go there to learn and play. My favorite place in my community is Kabuki Restaurant in Old Town Pasadena.
Acrostic Name Poems
Our Favorite Sights, Smells, and Sounds of Autumn
Written by: Andrew, Armen, Christina, Maria, and Talar

Autumn is a beautiful season. Our favorite sights of autumn are when the leaves begin changing color. They turn red, yellow, orange, and brown and it’s pretty to see them fall down to the ground. It’s also nice to see a lot of pumpkins during fall season. Our favorite smells of autumn are freshly baked pumpkin pie, pumpkins, pumpkin scented candles, and the smell of Halloween candy. We also enjoy the smell of the outdoors during fall season. The leaves and the trees smell good after it rains. Our favorite sounds of autumn is the breeze in the trees, raindrops, kids playing outside, and the sound of trick-or-treaters on Halloween night saying “trick-or-treat.” It’s also nice to hear the peacefulness of fall.

The Day It Rained Candy Corn
Written by: Alik, Christine, Shant, Tro, Vahram

One day, I woke up and looked out the window. It was raining candy corn! I was surprised and excited but a little scared from the loud sound of millions of candy corn hitting our roof. The neighborhood kids and I went outside and jumped in the pile of candy corn, we threw them in the air, and had a candy corn fight. We also kept our mouths open to catch and eat as many as we can. It rained candy corn for 5 hours. It was the happiest day ever because I ate so much candy but had the worst tummy ache afterwards. I hope it rains candy corn again, but next time I don’t think I will eat as much.

Our Favorite Fall Activities
Written by: Angela, Angelina, Chris, Hrag, and Natel

There are a lot of fun activities to do during fall season, but our favorite one is raking colorful leaves and putting them in a big pile and jumping in it. Other fun activities during fall are: carving pumpkins, drinking hot chocolate, making s’mores, going on walks, collecting leaves, and doing arts and crafts. It’s also nice getting together with families and having dinner, or going out to a family movie night. Dressing up in costumes, celebrating Harvest Fair at our school, and going trick-or-treating on Halloween night are also fun to do during the fall season.
**Peer Interviews**

Written by 4a

**Interviewer:** Emma H.
**Interviewed:** Karina, 13, 8th Grade
Born: November 12
Favorite Animal: Walrus
What do you like about SMACS:
My friends, basketball, and Coach Jack.
Favorite Book: Twilight
Favorite Sport: Basketball
Favorite Color: Red
Favorite Subject: PE
What do you want to be when you grow up?: Hairstylist

**Interviewer:** Sophia A.
**Interviewed:** Sabrina, 11, 6th Grade
Favorite Food: Pasta, Spaghetti
Favorite Sport and Why:
Volleyball because I have a fun time playing
Favorite Animal: Elephant, because they are good luck
What do you like about SMACS?
The family atmosphere
What do you do in your free time: Listen to music
What will you do when you grow up? Work in my dad’s business with my sister.
Favorite Book: Junie B Jones. I read the whole series.
Favorite Subject: Science because of the lab experiments
Favorite TV Show: Hollywood Lights because it is all about music and friendship.

**Interviewer:** Sarine Y.
**Interviewed:** Sevan, 10, 5th grade, born September, 2003
Favorite Food: Pasta, it’s the best food!
Favorite Sport: Soccer
Favorite Book: Imagine a Day
What do you like about SMACS:
It’s a good, small school and I love my friends.
Favorite Author: Dr. Seuss
Favorite Flower: Sunflower, because I love the sun
Favorite TV Show: Full House because its funny
Favorite Electronic: iPad
Favorite Car: BMW

**Interviewer:** Astghik
**Interviewed:** Mireille, 11, 6th Grade
Favorite Food: Sarma, it’s good!
Favorite Sport: Enjoys playing basketball
Favorite Animal: Puppies because they are fluffy
Favorite Celebrity: Selena Gomez, because she sings good.
Favorite snack: Chips, They are good and crunchy.
Favorite Board Game: Monopoly, because it teaches me how to use money.
What do you like about SMACS?
We learn about our culture, Christianity, and I want to see my friends.

**Interviewer:** Kristina A.
**Interviewed:** Sosse, age 10, 5th Grade
Favorite Food: Pizza, because its delicious
Favorite Sport: Soccer, its fun!
Favorite Animal: Kittens, they are so cute.
Favorite Celebrity: Nicki Minaj, she has great songs.
Do you have any siblings? I have a brother, I enjoy hanging out with him.
What do you like about SMACS?
It’s a good school, I have a lot of friends.
Favorite Game: Wii Games (Justice)
Favorite Subject: English with Mrs. Holly because I am new and I want to learn more.
Best Friend: Sevan. She is the only girl in the class.
What do you want to be when you grow up? I want to be a doctor because I love doing surgery.

**Interviewer:** Sevana
**Interviewed:** Athena, 8, Grade 4B
Favorite Food: Spaghetti
Favorite Sport: Soccer
Favorite Animal: Bunny
What do you like about SMACS?
I love my teachers, my
classmates, and my principal
because they are so nice.
Favorite Book: Diary of a Wimpy
Kid
Favorite Celebrity: Super Sako
Favorite Show: Sponge Bob
Favorite Movie: Smurfs
Favorite Color: Red

Interviewer: Alex
Interviewed: Tro B., 3rd Grade
Favorite Food: Spaghetti,
because its wiggly
Favorite Sport: Football because
you can tackle people
Favorite Animal: German
Shepard Dog
Favorite Movie: Gravity
Favorite Show: SpongeBob is
funny!
Favorite Artist: Pablo Piccaso
Favorite Singer: Michael
Jackson because he can do the
moonwalk.
What do you like about
SMACS?: PE

Interviewer: Aren A.
Interviewed: Tamar, age 12
Favorite Food: Everything
Favorite Sport: Basketball
Favorite Animal: Panda
Favorite Book: Night
Favorite Celebrity: One
Direction
Favorite TV Show: Friends
Favorite Color: Rainbow
Favorite Ice Cream: Strawberry
Favorite Subject: Science

Interviewer: Shantel
Interviewed: Christina, age 7,
3rd Grade
Favorite Food: Munchies
Favorite Sport: Soccer
Favorite Animal: Koala, they are
so cute and hug
Favorite Book: Alice in
Wonderland, because we are
reading it in class
What do you like about
SMACS? I like recess because I
like to play
Favorite Celebrity: Selena
Gomez, because she has good
songs
Favorite TV show: Shake it Up,
because it's all about dancing.
Favorite Hobby: Playing Soccer
Do you like your name? Yes,
because my dad picked it.
Favorite Color: Aqua

Interviewer: Sarine V.
Interviewed: Angela, 8, 3rd
Grade
Favorite Food: Ice Cream
Favorite Sport: Soccer
Favorite Animal: Giraffe
Favorite Hobby: Playing Soccer
Favorite Ice Cream: Chocolate
Favorite Color: Purple
Favorite TV Show: Shake it Up
What do you like about
SMACS? Its fun

Interviewer: Sevag S.
Interviewed: Alec, 4B
Favorite Food: Hamburger
Favorite Sport: Basketball
Favorite Animal: Tiger
What do you like about
SMACS? My friends
Favorite Book: World War 2
Favorite Artist: Deddinsky
Favorite President: Barack
Obama

Interviewer: Angie M.
Interviewed: Kareen B., 13
Favorite Food: Hot Dogs
because they are delicious with
ketchup on it.
Favorite Sport: Hockey, because
it is interesting and fun.
Favorite Book: The Life of
Sophia Smith
Favorite Snack: Munchies Hot
Favorite Ice Cream: Vanilla
Favorite Singing Group: One
Direction
Favorite Animal: Ostrich,
because they are cute and have
long necks.
Favorite Teacher: Baron
Aghoian, because without him, I
wouldn't be good in English.
What do you do in your free
time: Read Fiction

Interviewer: Sarine N.
Interviewed: Harout N., 12, 7th
Grade
Favorite Food: Ravioli
Favorite Sport: Basketball
Favorite Animal: Cheetah
What do you like about
SMACS? I like my friends
Who are your closest friends?
Emmanuel and Andrew
Do u like your looks? Yes
Is your hair soft? Yes
Do you hang out with your sister
at school? No
Who is your favorite teacher?
Mrs. Lena Agulian
Each year I have my classes transform a pumpkin into a literary character as a “Fall Class Project.” I have found that this project is a great way to demonstrate understanding of a character, setting, and major plot development of a novel. Students demonstrate immense creativity when designing their “pumpkins.” I have been doing this project for over five years now; yet I continue to be amazed on the creativity level of the students every year.

Please see below our 2013 Literary Pumpkin Characters. I hope you will enjoy them as much as I.

Mrs. Mary Mekikian
Ա. Դայալյան աշխատանքից թույլատրվող Սուբենսկի սերիա սոցիալ սպասարարություն:

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A vending machine is a machine used for selling consumer items, mostly beverages and snacks so that you don’t need to have a cashier at the counter of a snack shop. Unfortunately, we don’t have any vending machines at our school, but we really should. There are many benefits of having one, not only for the students, but also for our school.

These machines could provide better food and drink options as well as convenience for students and teachers. Our school vending machine could have healthy food options like muffins, yogurt, milk, trail mix, pita fries, carrots with dip, dried fruits, string cheese, granola bars, veggie chips, cold water, and cold fruit juices. Getting cold bottled water on a hot day is always good! It can also be beneficial by having students develop the ability to make their own decision in choosing the right foods.

Not only will the vending machine be helpful to the students and teachers, it will also be beneficial for the school. The school’s profit will be the biggest benefit. This extra money could be used for all sorts of things such as, supplies for classrooms, P.E. equipment, art supplies, and other necessary things. Having vending machines would be a great way of raising money for the school while providing a convenient service for the

5th Grade
Eaton Canyon
6th Grade

On Friday, October 18, 2013 the 6th grade class from Sahag-Mesrob Armenian Christian School prepared to go on a hike to Eaton Canyon. They were full of excitement and anxious. Two of the four parents who drove stayed on as chaperones along with Mrs. Agulian, our dear science teacher. Upon arrival the students took time to notice the beautiful scenery. The weather was sunny, with clear sky and a light soothing breeze.

The students had been studying Earth Science with Mrs. Agulian. She wanted them to learn first hand about what they had been learning in the classroom. The docent of the McCurdy Nature Center at Eaton Canyon asked the students to pick leaves from the ground and place them into a Ziploc bag, and placed the bag where the sun was shining. The students learned about various rocks and how to identify different poisonous plants.

When the trail came to the end the docent named Dave took the students to an outdoor classroom where they took many pictures. Dave explained to the group how Eaton Canyon was formed, and explained to them that he was a tree hugger, “a conservationist”. So many of the students went along and hugged a tree, seemingly strange, demonstrating the love for nature. Dave returned to the bag of leaves and showed the students the condensation that had taken place in the bag, a concept they had learned in science.

Sadly the trip came to an end. The sixth graders were happy to get the opportunity to experience first hand the wonders of God’s creation, and were impressed at how much respect Dave had for nature. They also learned of the Natives who lived in the vicinity, before the exploration of Europeans. They saw the awesome sycamore trees, and learned of the importance of the ecosystem. The sandy trails infested with ants and bugs were a pleasant break from the classrooms. The conspicuous hawks in the sky were delightful to observe. However, like all adventures they soon found themselves returning to school with memories of a wonderful day.
Հայ ժողովուրդ գիտություն

Միտրոս Մեսրոպ Սևանյան

Մկնագրություն ձևավորվել է 361 թվականին Սևանա գետի թափառումում։ Սևանա գետի թափառման շնորհիվ Մկնագրի Շանդրիկ անունն հայտնի է դառնալ։

Այս ժողովրդի բնակեցված տարածքները, ինչպես նախնական ծնողները, փոքրիկ կերպով ներկայացվում են Մկնագրի ավերակներում։

Մկնագրի կառուցման 440-ից հետո բնակեցված երեխաների ծնունդը օգնում է կարճատեր գիտության մեջ:

Սևանա տարածքի մեջ պատկանում է բազմաթիվ նոր/նոր դիրք, որը կարող է զարգացնել այս տիպի կերպարվեստի տեսակների տարածման համար։

Կենտրոնական նշանակություն ունեն հերոսների տեսակներ՝ քաղաքացիներ, յուրաքանչյուր տարիների ինչպես նաև կերպարվեստի ազգային նախաձեռնության ու անհրաժեշտության համար։

Անհետ մի մեծ գրեթե գրք: Մկնագրի բազմաթիվ տարածքներից մեկն է Սևանա գետի ավերակները, որոնցում կարող են հայտնվել էլեկտրական ձևեր և կերպարվեստ։

Սևանա տարածքի մեջ առաջինը գրքի տերություններից մեկն է՝ Սևանա գետի թափառման շնորհիվ։

Սևանա տարածքի մեջ առաջինը գրքի տերություններից մեկն է՝ Սևանա գետի թափառման շնորհիվ։
Գորսովա/ Սերիուս դերում նոր քայլեր են համարվում: Մորակորական ճանապարհը: Արդյունավետ գլխավոր դերից, որ Հայաստանի մասին իրական ենթակարգելուց է անցել նույն հյուսիսային կարգավորումը, որը իրականացնում էր իր միջազգային դասականական ֆունկցիան: Մորակորական ճանապարհի համար այս քայլերը պետք է մեկ հաց: Նպատակները ենթադրվում են, որ Հայաստանը մասնակցի իր միջազգային դասականության գործունեությանը և հայրենիքի իր կարգավորմամբ.

Սևան Մինասյան

Ամարտուշի Գրիգոր Ակադավան

Հայտնի է, որ Հայաստանի առաջնակարգին ճանաչում են, միասնական իրավիճակ, որը որպես չորս տարին է.

Ստեփանյանի աստղական տարիների փորձները: Մեծության համարից փոխանցման արդյունքների տվյալներ, որ դիմանկարվում են հետախուզության ընդունմամբ.

Սևան Մինասյան, Ամարտուշի Գրիգոր Ակադավան

Հայտնի է, որ Հայաստանի առաջնակարգին ճանաչում են, միասնական իրավիճակ, որը որպես չորս տարին է.

Ստեփանյանի աստղական տարիների փորձները: Մեծության համարից փոխանցման արդյունքների տվյալներ, որ դիմանկարվում են հետախուզության ընդունմամբ.

Սևան Մինասյան, Ամարտուշի Գրիգոր Ակադավան
Some people don’t get the opportunity to pick organic foods from their backyard. Most people don’t know what they are putting in their mouth! Why don’t we know what we’re eating?

After learning that genetically modified foods were primarily sold at her local market, Phoebe started purchasing her groceries from the local farmers market. Mark usually goes to the local grocery store. The problem is that he doesn’t know whether he’s eating genetically modified foods or organic foods. He grabs the packaged foods that are the cheapest without realizing that they are genetically modified. Genetically modified organisms are found in many foods we eat, especially packaged foods such as processed treats, canned fruits and vegetables, drinks, meats and poultry, and dairy products.

Thousands of years ago, when the Mesopotamians started farming, everything was organic, fresh, and healthy. 5,000 years later, we are far removed from what God intended, from organic to genetically modified foods.

Why are genetically modified foods produced and sold? Well, the answer is simple. It is more profitable and cheaper to mass produce genetically modified foods. These foods are sold and bought by people because we want fast and easy foods, instant gratification.

When President Franklin Delano Roosevelt read The Jungle by Upton Sinclair, he understood that working conditions were harsh. Roosevelt went to see if what Sinclair wrote was true and discovered uncontrolled industries with dangerous working conditions and more importantly bacteria born unhealthy environments. So he created the Food Drug Administration (FDA). The FDA was in charge of making sure the foods we eat are safe. However, in time foods were being made all over the USA and needed to last on the shelves of markets. Today, most foods are severely modified. Genes are extracted from plants and combined with additives.

Have you ever wondered what the food companies put in the foods sold in markets across the United States? There are many dangerous ingredients and chemicals in the foods we eat. “IF YOU CAN’T READ IT DON’T EAT IT”. Food processing companies use complicated words that disguise dangerous elements that could be harmful or deadly. Several foods manufactured today contain artificial ingredients such as; Monosodium Glutamate, Butylated Hydroxytoluene, Propylene Glycol Alginate, Polyoxyethylene, Yellow#5, and Olestra, which can lead to upset stomachs and other illnesses.
Monosodium Glutamate, or MSG, is found in processed foods like bologna, potato chips, salad dressing, yeast, soy sauce, and gelatin. It is also found in non-food items like shampoo, conditioner, toothpaste, and children’s cough medicine. MSG is a known cause of anxiety and possible brain damage. Butylated Hydroxytoluene is found in cereal. It is also used in jet fuel. Yellow #5 is a color used in foods, derived from coal and contains lead and arsenic. Coal tar colors cause cancer.

What are the effects of MSG? Some of the foods we eat contain MSG. It is usually in processed foods. It isn’t only the MSG that is detrimental to our health; it is also the glutamic acid. It damages children’s cerebral development, and it could affect the nervous system.

Did you know that one bar of milk chocolate contains 30 grams of sugar and trans fats? Most chocolates contain a lot of processed sugars. These sugars can be avoided by substituting dark chocolates. Other foods to avoid are cakes, tater tots, chips, all high in sugar and trans fats. Avoiding these foods promote healthier lives.

Would you pay more for a healthy life? Living a healthy lifestyle can become difficult at times especially in a fast paced world. The term “artificial” refers to something produced to imitate nature. Most milk sold in stores are pasteurized. Pasteurized milks and other drinks have been heated many times, and the valuable elements have been destroyed. The healthiest type of milk is raw milk because it hasn’t been boiled and contains all the necessary bacteria for healthy digestion. Eating junk food can cause obesity, high blood pressure, diabetes, and heart disease.

It is yummy for your tummy, but is it healthy? Today many major food corporations are adding chemicals to the food they produce in order to preserve the food. A way to stop eating these processed foods is to grow a garden in the backyard. This way, people will know exactly what is in their food. According to whole grainscouncil.org website, the main benefits of eating organic foods are the reduction of stroke, type II diabetes, and heart disease. Make a commitment to eat healthy every day. Exercising and eating healthy can lead to a healthy lifestyle. Having a lack of nutrition can lead to major illnesses, such as, Alzheimer’s disease, Huntington’s disease, strokes, and heart attacks.

Some nutritious foods are whole grain foods, whole wheat, brown rice, oats or oatmeal, and wheat berries. To satisfy your sweet tooth dark chocolate is the perfect dessert. Dark chocolate is one of the ten healthiest food. Also, people need to watch out for all the foreign looking ingredients. If people can’t read it they shouldn’t eat it. If people start watching out for what they eat, they will live much healthier lives. The 7th grade class thinks people should eat more healthy and organic foods by going to local farmers markets. If we stop buying inorganic products, companies will stop selling it and people will realize that they need to support local farms that sell organic foods. Cheers!

Written By 7th Grade
Jessica lived in New York City for five years, but when her mother died she and her father moved to California to start a new life. She was a beautiful girl but was very lonely. Immediately after she moved she got a job performing clerical work in an office. At Jessica’s workplace there were some girls who always whispered and giggled at Jessica. Jessica began feeling a sense of alienation. She couldn’t afford a car; therefore she always had to hurriedly leave work to board the 6 pm. Metro. While she made her way to the Metro, she passed by her co-workers who made fun of her attire. She thought there was nothing else but to cry and cry until there were no more tears. The girls were being extremely mean. She felt like an outcast. Jessica’s father, Bob, always came home very late, so he didn’t know about all the bullying and why Jessica was crying. From that point on Jessica got bullied by her co workers every single day. The bullying intensified when the bullies realized how Jessica was affected. Jessica was scared, she didn’t want to go to work. She thought one day those girls might physically harm her. Jessica thought she wasn’t good enough, but she had bills to pay. She felt she had to change her look, her style, and fashion. Jessica was alienated by the girls. The consequences of her depression caused suicidal tendencies. According to About.com, “bullying is intentional aggressive behavior that can take the form of physical or verbal harassment”. A lot of children and adults just like Jessica are affected from bullying. It reaches to a point when teens and adults are afraid to go to school or work! Bullying primarily occurs in schools, 77% of students have admitted to being a victim of bullying. 44% of children get bullied on the playground and girls get bullied more than boys. Millions of students get bullied each year. Some students stop coming to school because they keep getting bullied.

In 2001 a study by the Kaiser Family Foundation revealed that 86% of children between the ages of 10 to 16 are most likely to be victims of bullying. From 2003 to 2007 bullying has increased from 7% to 32%. Asian Americans are most likely to be bullied, African Americans 38%, Hispanics 34% and the least likely are Whites.

According to Statisticbrain.com, California has the highest level of bullying. Males are more likely to experience physical or verbal bullying. As for females, they experience social bullying. Examples of social bullying are gossiping and alienation occurring through various forms of communication.

Cyber bullying is bullying via text messages, emails, pictures, videos through social media. Cyber bullying harasses,
threatens, or embarrasses the victims. Cyber bullying is easier because it is over the internet and the person that gets bullied doesn’t know who’s bullying them. Therefore, the bully would not feel as guilty as people who are bullied face to face.

Why do children bully? Before an individual becomes a bully, they sometimes experience being bullied themselves or have been rebuffed by their peers. Some people experience being pressured by friends just to feel like they’re more important. According to Catherine Bradshaw, “Bullying provides these kids with a sense of power.” For example, students who never get attention at home from their parents, bully at school to get attention. Children might be influenced from inappropriate television shows or violent video games. According to Brad Bushman, “Playing a violent game such as Call of Duty may push a person to violence.”

Bullying can result in degrees of consequences. Some of the consequences of bullying can be depression, anxiety, and suicidal thoughts. Children could get bullied on their appearance, academic skills, mental disabilities, or economic status.

Depression severely affects children. Despicable words in the mind of anyone, causing them to drown in their own darkness. Depression can make a child feel alone, useless, worthless, or even lead to deadly consequences.

Suicide is a very serious issue. Each year one of thirteen kids less than nineteen years old attempts suicide. This rate has increased over 20 years. More than two thousand people succeed in committing suicide yearly. After the age of 12, Tempest Smith was one of the two thousand people who succeeded in committing suicide. She was bullied every day. Many young children such as Tempest can take their own life no matter how young they are. Suicide is a way for anyone to end their suffering and pain. Some people who have had severe depression or suicidal thoughts have harmed themselves either by cutting themselves, burning themselves, scalding, pulling hair, or swallowing toxic substances. Unfortunately children have also decided to make the choice of not harming themselves, but others.

People can be bullied without even realizing that it is bullying. Kids think that if it isn’t causing you physical pain then it isn’t bullying. Bullying can cause you mental and physical pain. It can be through name calling, physical abuse, cyber bullying, gossip, and rumors. If someone is feeling neglected or bullied, they should approach a responsible adult and discuss the matter. Victims often feel like it will get worse if they talk about the situation, because they are afraid the bully will take revenge. Victims who get bullied should tell the bully to stop. Bullying is a terrible thing, and should not be tolerated in any establishment.

In conclusion, bullying should not be tolerated in any schools. There have also been many incidents at Sahag Mesrob but our wonderful staff has always taken care of it. It is important that parents talk to their children so that they will be aware what may be occurring away from home. Communication is the key.

Written by 8th Grade
SMAC Art Gallery
Beautiful and creative artwork, created by our amazing artists.

Crazy Hair Day
Sosse Minassian, 5th Grade

Mireille Minassian
Charcoal 3D Effect, 6th Grade

Dalida Mosesi
Initial Art, 7th Grade

Susan Kazarian
Pencil Optical Art, 6th Grade

Liana Tatevosian
Mandala, 7th Grade

Tamara Hovsepian
Typography Art, 8th Grade

Serli Shanlian
Optical Art, 8th Grade

Heiko Abadjian
Henna Hand, 5th Grade
Student’s Artwork from the After-School Art Program

Garo Poladian
Watercolor Hot Air Balloon
1st Grade

Michael Sahagian
Pastel Seahorse, 1st Grade

Alexandra Karamanoukian
Pastel Seahorse, 1st Grade

Alexandra Babayan
Pastel Squirrel, 1st Grade

Karina Awakian
Owl, 1st Grade

Christina Sahagian
Charcoal Bat, 3rd Grade

Angela Babayan
Watercolor Hot Air Balloon
3rd Grade
Congratulations to the “Honor Roll” students of 1st Quarter

3rd Grade
Christopher Atme
Christine Awakian
Angela Babayan
Shant Bashian
Andrew Mazmanian
Maria Miwalian
Christina Sahagian
Natel Titizian
Vahram Vartabedian

4th Grade
Sophia Azar
Kristina Agojian
Astghik Gasparyan
Emma Haroutonian
Shantel Indjian
Angie Mitilian
Sarine Nazarian
Sarine Vartabedian
Alex Vartanian
Sarine Yeghiayan

4(A) Grade
Sophia Azar
Kristina Agojian
Astghik Gasparyan
Emma Haroutonian
Shantel Indjian
Angie Mitilian
Sarine Nazarian
Sarine Vartabedian
Alex Vartanian
Sarine Yeghiayan

4(B) Grade
Alex Abdollahian
Siva Avakian
Athena Baghdassarian
Jeffrey Baltic
Liana Chiranian
Sonia Darakjian
Melana Gendal
Emily Isakulyan
Hagop Kiledjian
Jonathan Postajan
Vicky Sahagian
Tatyana Sevajian
Shant Yepremian

5th Grade
Heiko Abadjian
Avedis Akhian
Tigran Arabyan
Alexander Azilazian
David Chepeian
Hrag Ekmekjian
Sevan Krikorian

6th Grade
Christopher Atme
Andrew Dabbaghian
Shoghik Gasparyan
Susan Kazarian
Isabelle Mazmanian
Mireille Minassian
Sabrina Pelenghian
Marianne Sahagian

7th Grade
Alex Avanesyan
Tania Baltic
Arin Boyadjian
Christina Chiranian
Alex Deravedissian
Nicole Garabedian
Stephanie Khatchikian
Savannah Minassian
Harout Nazarian
Andrew Tatevosian
Liana Tatevosian

8th Grade
Tamar Donoyan
Talia Kazandjian
Rita Tajarian

• • •
1st QUARTER

Kindergarten
Christy Basmadjyan
Dolliah Bedjakian
Tina Garabedian
Ara Rastguelenian
Darron Sarkissian
Nicole Titizian
Luca Youssefian

Angelina Khatchikian
Andrew Mazmanian
Talar Sarkissian
Natel Titizian

4(a) Grade
Kristina Agojian
Aren Aroyan
Sevana Baghdoyan
Shantel Indjian
Angie Mitilian
Sevag Sakayan
Alex Vartanian
Sarine Yeghiayan

4(b) Grade
Athena Baghdassarian
Jeffrey Balian
Sonia Darakjian
Melana Gendal
Emily Isakulyan
Hagop Kiledjian

5th Grade
Heiko Abadjian
Avo Akhian
Tigran Arabyan
David Chepeian

6th Grade
Malcolm Ellington
Alec Haroutonian
Vicken Jemelian
Susan Kazarian
Isabelle Mazmanian
Sabrina Pelenghian
Michael Raad
Marianne Sahagian

7th Grade
Alex Avanesyan
Tania Balian
Aris Boyadjian
Alex Deravedissian
Andrew Tatevosian
Tamar Yepremian

8th Grade
Karen Bosnoian
Rita Tajerian

3rd Grade
Christopher Atme
Angela Babayan
Tro Bekmezian
Armen Darakchyan

SAHAG-MESROB ARMENIAN CHRISTIAN SCHOOL
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TEACHER’S CORNER

Name: Mary Mekikian
Occupation: 4th Grade Teacher
Place of Birth: Yerevan, Armenia
Hobbies: I love to create beautiful dessert tables.
Dislikes: Taking the trash out.
3 items I can’t live without: Chocolate, pasta, and vegetables.
Favorite Color: Maroon
Favorite Movie: Avatar
Favorite Animal: Puppies
Favorite Book: Count of Monte Cristo
What have your students taught you? Patience
What is your favorite part about teaching? Seeing my students’ faces as soon as they master a difficult skill.
Message to Students: Be kind, work hard, stay humble, smile often, stay loyal, keep honest, travel when possible, never stop learning, be thankful and always LOVE!!!!!!